# Scott Practice Travel Guide

This Travel Guide has been prepared to help you plan your journey to The Scott Practice in the most convenient way possible, you might be looking to save money, get fit, look after the environment or be looking for alternative ways to travel and beat traffic.

Either way, we hope that the information provided in this guide is useful.

## Travel Plan Coordinator

The Scott Practice have their own Travel Plan Coordinator to help you plan your journey to and from the practice.

If you can’t find the answers in this guide, contact tpc@bryanghall.co.uk and they will reply as quickly as possible.

## Personalised Travel Planning

Planning your journey in advance can save time and money. To travel in and around

Doncaster we suggest using the First Bus Doncaster website [www.firstbus.co.uk](http://www.firstbus.co.uk)

You can also find maps, tickets, timetables, and live updates on their website to help

keep you moving around the area.

If you would prefer to speak to someone direct, you can email the Travel Plan Coordinator and we will reply as soon as possible.

## Walking

If you live close by, walking can be a great way to travel. Walking provides both physical and mental health benefits, it is also free!

Did you know that 25% of trips in England are under a mile, with 68% under 5 miles?

So, ditch your car, grab your trainers and travel on foot. A mile walk takes around 15 minutes, contributing to your daily NHS recommended guidelines for exercise.

## Cycling

Details of the cycle routes to The Scott Practice are provided on the Doncaster Cycle Map, which can be found by scanning this code below:

<https://fourpointmapping.sustrans.org.uk/doncastercyclemap/doncaster.html>

The map shows that there are a variety of traffic-free and advisory cycle routes that you could utilise to travel to the practice.

There is also cycle parking available around the site.

An 8-kilometre cycle ride is a suitable distance for a commute to and from the practice and only takes around 20-minutes.

## Public Transport

Travelling by bus is a sustainable mode of travel that can help overcome congestion, reduce carbon emissions, and offer higher fuel efficiency per passenger mile than the average car journey. Travelling by bus can provide an opportunity to relax, catch up on emails, read or chat to a friend whilst you make your journey.

The bus stops on Greenfield Lane some 35 meters north of the practice. There are

regular services to Rotherham, Doncaster, and Sheffield from Doncaster Interchange.

If you’re looking for bus timetable information, please visit <https://www.firstbus.co.uk/doncaster/planjourney/timetables>

## Travel by car

We recognise that at times it is necessary to travel by car. If you currently drive, have you thought about car sharing?

## Car Share

Car sharing is a great way to reduce your travel costs and your environmental footprint. Whether you’re a driver or a passenger, sign up and find matches at

[www.liftshare.com](http://www.liftshare.com)

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